



Organic Borage Oil

cold pressed
100 % natural
for cooking and skin care

Our 100 % pure borage oil is obtained from the seeds of the borage plant (*Borago officinalis*), also known as cucumber herb, by mechanical cold pressing without adding any heat. The high-grade ingredients, including at least 20 % gamma-linolenic acid and at least 35 % linoleic acid, are thus preserved in the best possible way. Because borage oil is very sensitive, it should not be heated, but is best enjoyed pure, as an addition to dressings or smoothies, and is also used for skin care.

Ingredients: 100 % cold pressed borage oil from controlled organic cultivation.

Average nutritional values:	per 100 ml
Calorific content	3404 kJ/828 kcal
Fat	92 g
of which	
- saturated fatty acids	13 g
- unsaturated fatty acids	23 g
- polyunsaturated fatty acids*	54 g
Carbohydrates	0 g
- of which sugars	0 g
Protein	0 g
Salt	0 g

* of which 34 g linoleic acid and 19 g gamma-linolenic acid

Please keep properly closed, and store in a dark and cool place.



DE-ÖKO-001
EU / non-EU agriculture

Contents 100 ml

Art. No.: 1807

Eti1223